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NOTIFICATION

No. A.12040/1/2025-P&AR (GSW), Aizawl, the 26th May, 2026: In exercise of the powers conferred by the proviso to article 309 of the Constitution and in supersession of the **Mizoram Sports & Youth Services Department (Group 'B' post) Recruitment Rules, 1990** in the Mizoram Gazette extraordinary issue number(s) **99 dated 19.9.1990** in so far as they relate to the post(s) of **Yoga Instructor** except as respect things done or omitted to be done before such supersession, the Governor of Mizoram hereby makes the following rules regulating the method of recruitment to the post(s) of **Yoga Instructor** under Sports & Youth Services Department, Government of Mizoram namely :-

1. Short title and commencement.-
 - (1) These rules may be called the Mizoram Sports & Youth Services Department (Group 'B' post) Recruitment Rules, 2026
 - (2) They shall come into force from the date of their publication in the Official Gazette.
2. Application.-

These rules shall apply to the post(s) specified in Column 1 of the Schedule annexed to these rules.
3. Number of posts, classification and level in the pay matrix or pay scale.-

The number of the said posts, classification and level in the pay matrix or pay scale attached thereto shall be as specified in Column 2 to 4 of the said Schedule.
4. Method of recruitment, age limit and other qualifications.-

The method of recruitment, age limit, qualifications and other matters relating to the said post shall be as specified in Column 5 to 13 of the said Schedule.
5. Disqualification.-

No person –

 - a) who has entered into or contracted a marriage with a person having a spouse living; or
 - b) who, having a spouse living, has entered into or contracted a marriage with any person, shall be eligible for appointment to the said post.

Provided that the State Government may, if satisfied that such marriage is permissible under the personal law applicable to

such person and to the other party to the marriage and that there are other valid grounds for doing so, exempt any such person from the operation of this rule.

6. Training and Departmental Examination.-

Every officials recruited under these rules shall undergo such training or pass such Departmental Examination as may be prescribed from time to time.

7. Power to transfer.-

Notwithstanding anything contained in these rules, the State Government, in public interest, shall have the right and power to transfer any officials, so recruited under these rules to any other post or position which is equivalent in rank or grade.

8. Power to relax.-

Where the State Government is of the opinion that it is necessary or expedient so to do, it may, by order and for reasons to be recorded in writing, in consultation with the Mizoram Public Service Commission through the Department of Personnel & Administrative Reforms, relax any of the provisions of these rules with respect to any class or category of persons.

9. Saving.-

Nothing in these rules shall affect reservation, relaxation of age limit and other concessions required to be provided for the Scheduled Castes, the Scheduled Tribes, the Ex-servicemen and other special categories of persons in accordance with the order issued by the Government of Mizoram from time to time in this regard.

K. Lalthawmmawia

Commissioner & Secretary to the Govt. of Mizoram
Deptt. of Personnel & Administrative Reforms

SCHEDULE
(See rule 2, 3 & 4)

RECRUITMENT RULES FOR GROUP 'B' POST IN THE DEPARTMENT OF SPORTS & YOUTH SERVICES

Sl. No.	Name of Post	No. of post	Classification	Level in the Pay Matrix/ Pay Scale	Whether selection or non-selection posts?	Age limit for direct recruitment
	1	2	3	4	5	6
1	Yoga Instructor	2*(1990) * or as determined by the Govt. from time to time	General State Service, Group 'B', Non-Gazetted, Non-Ministerial	Level 6 in the pay matrix (Rs. 35,400 – Rs. 78,800)	Not Applicable	Between 18 years and 35 years. Note: The crucial date for determining the age limit of candidates shall be such date as may be prescribed by the Government, from time to time.

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Educational and other qualification required for direct recruitment.	Whether age and educational qualification prescribed for direct recruit will apply in the case of promotion	Period of probation, if any
7	8	9
Essential: 1. Bachelor's degree from a recognized University with Diploma in Yoga from recognized Institutions. 2. Basic Computer Proficiency of the level as determined by the Government from time to time. 3. A candidate must achieve a minimum score in the qualifying test of the Mizo Language Proficiency as prescribed by the Government from time to time.	Not Applicable	2 years

Method of Recruitment whether by direct recruitment or by promotion/transfer and percentage of the vacancies to be filled by various methods	In case of recruitment by promotion/Transfer/deputation/grade from which promotion/deputation/transfer to be made	If Departmental Promotion Committee exists, what is its composition?	Circumstances in which Mizoram Public Service Commission is to be consulted in making recruitment
10	11	12	13
100% by Direct Recruitment	Not Applicable	Mizoram Public Service Commission	As per Mizoram Public Service Commission (Limitation of Function) Regulation, 1994 as amended from time to time.