#### Form II [See rule 4] The Mizoram State Government Employees (Performance Appraisal Report) Rules, 2010

#### PERFORMANCE REPORT ON TRAINING

(For the year/period ending \_\_\_\_\_)

#### A. PERSONAL DATE

- 1. Name of the Officer
- 2. Cadre/year of allotment
- 3. Date of Birth
- 4. Present Grade
- 5. Study Leave/Leave Details
  - a) Course
  - b) Institution
  - c) Duration
- 6. Period of Sanctioned Leave
- 7. Details of Degree/Certificate/Diploma and Evaluation obtained during the Period (copies to be enclosed).
- 8. Date of Filling Annual Property Returns.

#### **B.** SELF ASSESSMENT

Officer's Signature \_\_\_\_\_\_ Date : \_\_\_\_\_\_

To be filled in duplicate and submitted to Cadre Controlling Authorities.

#### Form III [See rule 4] The Mizoram State Government Employees (Performance Appraisal Report) Rules, 2010

# PERFORMANCE REPORT ON STUDY LEAVE/LEAVE FOR STUDY

(For the year/period ending \_\_\_\_\_)

# A. PERSONAL DATE

- 1. Name of the Officer
  - 2. Cadre/year of allotment
  - 3. Date of Birth
  - 4. Present Grade

Date

- 5. Study Leave/Leave Details
  - a) Course
  - b) Institution
  - c) Duration
- 6. Period of Sanctioned Leave
- 7. Details of Degree/Certificate/Diploma and Evaluation obtained during the Period (copies to be enclosed).
- 8. Date of Filling Annual Property Returns.

## **B.** SELF ASSESSMENT

Officer's Signature \_\_\_\_\_\_ Date : \_\_\_\_\_\_

To be filled in duplicate and submitted to Cadre Controlling Authorities.

#### Form – IV (See Rule – 4)

# The Mizoram State Government Employees (Performance Appraisal Report) Rules, 2010. PROFORMA FOR HEALTH CHECK UP

Date :

Name:	Age :	Sex : M/F
Brief clinical history, if any :		
A: Examination		
Physical	Systematic	
Investigations :		
Haemogram		
Hb%		
TLC		
DLC		
Peripheral Smear		
Blood Sugar		
F		
P.P.		
Lipid Profile		
Total cholesterol		
HDL cholesterol		
LDL cholesterol		
VLDL cholesterol		
Triglyceride		

#### **Liver Function Test**

Total Bilirubin

Direct Bilirubin

Indirect Bilirubin

SGOT

SGPT

ALK Phosphatase

# **Kidney Function Test**

Urea

Creatinine

Uric Acid

Electrolytes

Na+

Κ

Calcium

**Inorganic Phosphates** 

# **Cardiac Profile**

СРК

CK-MB

LDH

SGOT

Urine

Routine

Microscopic

Sugar

Albumin

#### E.C.G.

+X-Ray Chest

Ultra Sound Abdomen

Any other Investigation

Advise

## **<u>B</u> : Medical Report of the Officer**

1.	Haemoglobin level of the	Normal / Low
	officer	
2.	Blood Sugar level	Satisfactory / Normal / Low
3.	Cholesterol level of the officer	Normal / Low
4.	Liver functioning	Satisfactory / normal /dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional
		optimally
6.	Cardiac Status	Normal / enlarged / blocked / not normal

## **<u>C</u> : Summary of Medical Report (copy to attached to PAR)**

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical	
	check up of the officer	
3.	Health profile grading	

Date :